Make an Herbal Body Kit

Special Workshop

Join us for a fun and relaxing summer evening making homemade, premier-quality body care products. For a sliver of the cost of normal shelf products, we will be creating blends utilizing simple, organic, safe ingredients suited to your own personal skin care needs. You'll get to take home the products you make, along with the knowledge to keep on making more!

You will receive a brief background on creating herbal preparations as well as special backyard herbs suitable for use on your beautiful, glowing body. Most of class is hands-on on crafting products with like-minded participants.

Did you know that everything that comes into contact with our skin, such as moisturizers, perfumes, and haircare products gets absorbed into our bodies? Learn to make your own healthy, rejuvenating skin care kit complete with: body balm, masque, scrub, hydrosol, and more!

Please come prepared to make and sample our creations.

Sunday, August 28
4-7pm

$60 members / $65 non-members

Caitlin Bergman, Instructor

Seating Limited; Pre-Registration Required

Please call 626.821.4623 to register
or email jill.berry@arboretum.org

Caitlin Bergman is a Permaculture Designer, Consultant, and Educator who has a growing following of folks who love taking her empowering courses. Holding a degree in Botany, and having served as the Arboretum's Propagationist and Permacuture Curator, for the last decade Caitlin has also been consulting as an Herbalist. She deeply enjoys guiding others into the world of plants and incorporating them into everyday lifestyles.

The Arboretum
LOS ANGELES COUNTY ARBORETUM & BOTANIC GARDEN

301 North Baldwin Avenue, Arcadia, CA 91007 • phone: 626.821.4623 • www.arboretum.org

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Juan Benitez, Coordinator / Department of Parks & Recreation, 433 South Vermont Avenue, Los Angeles, CA 90020, phone: 213.738.2970